

**Lectionary Scriptures For  
January**

**January 5, 2014**  
Epiphany Sunday  
Isaiah 60:1-6; Ps 72:1-7, 10-14  
(UMH 795); Ephesians 3:1-12;  
Mt 2:1-12

**January 12, 2014**  
Baptism of the Lord  
1st Sunday after the Epiphany  
Isaiah 42:1-9; Ps 29 (UMH  
761); Acts 10:34-43;  
Matthew 3:13-17

**January 19, 2014**  
2nd Sunday after the Epiphany  
Isaiah 49:1-7; Ps 40:1-11  
(UMH 774); 1 Cor 1:1-9;  
Jn 1:29-42

**Highland Heights United Methodist Church**  
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**Altus, OK 73522**  
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Come and worship with us !!  
We are located at 1911 N  
Main St.  
Sunday School @ 9:45 am  
Worship @ 10:55 am

Visit us on the web!!!  
<http://highlandheightsumc.weebly.com>  
Join us on Facebook!!!

**January 26, 2014**

3rd Sunday after the Epiphany  
Isaiah 9:1-4; Ps 27:1, 4-9  
(UMH 758); 1 Corinthians 1:10-18;  
Matthew 4:12-23

**Lectionary Scriptures For  
February**

**February 2, 2014**

4th Sunday after the Epiphany  
Micah 6:1-8; Psalm 15 (UMH  
747); 1 Corinthians 1:18-31;  
Matthew 5:1-12

**February 9, 2014**

5th Sunday after the Epiphany  
Isaiah 58:1-9a, (9b-12); Ps  
121:1-10 (UMH 833);  
1 Corinthians 2:1-12 (13-16);  
Mt 5:13-20

**February 16, 2014**

6th Sunday after the Epiphany  
Deuteronomy 30:15-20; Psalm  
119:1-8 (UMH 840);  
I Corinthians 3:1-9;  
Matthew 5:21-37

**February 23, 2014**

7th Sunday after the Epiphany  
Leviticus 19:1-2, 9-18; Psalm  
119:33-40 (UMH 840);  
I Corinthians 3:10-11, 16-23;  
Matthew 5:38-48



# SOAR TO THE HEIGHTS

A publication from Highland Heights United Methodist Church, Altus, OK

Vol. 3, Issue 1 January/February 2014

### Micah's Meditations

Winter. It can feel so gloomy. The days seem to end way too quickly, and the cold nights go on forever. The wind chills us to the bone. We might feel discouraged and let down now that the joyous Christmas season is over for another year. Some of us could very well be experiencing those winter blues. If that isn't bad enough, we are being ambushed with TV commercials telling us that it is time to lose weight as well as time to do our taxes. Oh, goody! Yes, the winter can be a tough season to get through, with all of those gray clouds looming over us.

But, my brothers and sisters, the winter leads to the growth and new birth of spring. During this season as we journey toward spring, let us plant seeds of faith and grow together, too. Let us build and grow and strengthen our relationship with God and with each other. We sow and water those seeds through praying, devotional readings, reading Scripture, attending Sunday school and worshipping together on Sundays, checking up on each other, caring for each other, and in many wonderful ways. When we spend this time with God and with each other, we feel wonderful light and grace. The days don't feel so gray and cloudy because of the brightness and care of the Father, the Son, and the Holy Spirit. In the spring, may we see large blossoms of growth and love. This spiritual fruit can be so meaningful to us. As we plant and water these seeds for wonderful growth in God, let us invite and welcome others around us to join us in attending Sunday school, being in worship, and in the many other great things that help brighten our winter days.

Grace & Peace,

*Micah*

Pastor Micah



### Sunday Night F.I.R.E. (Faith In Reaching Everyone)

Join us on the first and third Sundays of the month from 4:45pm – 6:00 pm for UMYF (seventh through twelfth grades). We have started our study over Leviticus, had a "Birthday Party for Jesus", and completed a couple of service projects for the church. I am very proud of our group, and very excited to see what the new year brings. We are in need of volunteers for F.I.R.E., and money for snacks. If you can help please contact Sharla at sharladwelcher@gmail.com or call 482-5267; 482-1536. Thank You!





Sunshine—Jenny Hawkins & Verna Mayfield

The meeting for February will be the 12th at 2:00 pm. We will discuss the Call to Prayer and Self Denial.

### UMW Meeting Schedule

The next meeting will be January 8th at 2:00 pm. We welcome our new officers for the year.

President—Beverly Fuller

Vice President—Sharla Welcher

Secretary—Jeannie Huber

Treasurer—Cheryl McLean

### UMW Missions

Through fundraisers like our Pumpkin sale, and Holiday House Bazaar we were able to reach more people in need this year. A big thanks to everyone for there donations, hard work, time, and dedication!



### List of Recipients

UMW District

Mission on Wheels

ACMI House

Cookson Hills

Pathways

Operation Care

Southwestern Youth Services

Project Noel

Salvation Army

Our Teacher—Denise Phelan

### Thank You!

A big thank you to everyone who donated food to the Community Cupboard. Your donation was greatly appreciated.

### Winter Missions

We have started collecting blankets for our Blanket Drive. We will still have some very cold days ahead of us, and people are in need of that extra warmth and comfort.

And don't forget about the ongoing project thru the year of collecting eye glasses.



### 2014 Communion Sign Up

A list of dates for 2014 Communion stewards will be out in the Narthex. Please sign up to provide the sacraments such as bread and grape juice, assist Pastor Micah, and set the front of the church up for Communion.

### Outreach

We invite you to take time today to pray, and let God guide you to Friends, Relatives, Associates and Neighbors in your network of relationships who do not currently have a church home or a vital connection with Jesus Christ or you have been missing them in church. God's Spirit can lead you to use those relationships to help connect people to our church and to Christ. Here's the outreach adventure we invite you to begin. Step one I commit to:  
• Pray regularly for persons I have listed that God will deepen their connection with you and the Lord. (To be cont. Issue 2)



### Valentine's Meal

Date: February 9, 2014

Time: Right after church

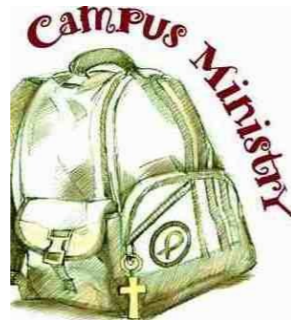
Place: Men will pick the place

Date: January 26, 2014

Time: Right after church

So, do you think you have what it takes to win the Silver Ladle? If so, bring your best chili, soup, or stew for judging at the Souper Bowl on Jan. 26th. Also, Donations will be collected for the local food pantry. Come, feast, and fellowship!

Men it will be February before you know it, and that means time to be thinking of a place for our Valentine's Meal. Everyone is invited to join us in a meal out!



### WOSC Wesley Lunch

We are called to share with our campuses

the transformational nature of Christ in a way that raises up a new generation of thoughtful Christians who care about making the world a better place. Help us by providing a warm meal and the love of Christ. The Wesley lunches will be starting back on Tue., Jan. 21st. The first time for us to serve food will be Tue., February 4th.

"Each photograph is a story captured in a single moment" ~ M. Lopez



Christmas Caroling & Santa Claus